



Fall 2011/Winter 2012

SUPPORT GROUPS

CHILDREN OF DIVORCE AND CHANGING FAMILIES

This support group assists all family members (including never married parents) in the difficult transition through separation and/or divorce and in the formation of a step-family. Age-appropriate activities for children (3 to 18) and one parent help facilitate open communication among family members which guide the family through the family change process. This is an 8-week group.

October 17th-December 5th, Mondays, 6:30PM to 8:30PM

St. Phillip's in the Hills Episcopal Church

4440 N. Campbell Ave. (N. Campbell and River)

For more information and to register, **Call 495-0704**

There is no fee for this program. Donations are encouraged.

DIVORCE RECOVERY GROUPS

Divorce Recovery Support Groups are for persons ending relationships (divorced/ separated/unmarried) and needing support in the process of this transition journey. Groups are 10 weeks in length and are **closed after the second week**. Groups are led by trained volunteers who themselves have experienced the divorce process. Divorce Recovery is a non-sectarian program and wishes to thank our many host sites who graciously allow us to use their facilities.

DIVORCE RECOVERY I

This group addresses the beginning of the "Endings" process. The goal is to help you accept the end of your relationship. There is no fee for DRI. Donations are encouraged.

CENTRAL

September 6th to November 8th, Tuesdays 7PM-8:30 PM

Location: **Grace St. Paul's Episcopal Church**

2331 E. Adams St. (Speedway and N. Tucson)

FOOTHILLS

October 5th to December 7th, Wednesdays 7PM to 8:30 PM

Location: **St. Phillip's in the Hills Episcopal Church**

4440 N. Campbell (Campbell and River)

CENTRAL

November 8th to January 10th, Tuesdays 7PM to 8:30PM

Location: **Northminster Presbyterian Church**

2450 N. Ft. Lowell Rd. (Ft Lowell and Tucson Blvd)

EAST SIDE

December 6th- February 7th, Tuesdays 7PM to 8:30PM

Location: **Streams in the Desert Lutheran Church**

5360 East Pima (East Pima and Craycroft)

NORTHWEST

January 5th -March 8th, Thursdays 7PM-8:30 PM

Location: **St Marks United Methodist Church**

1431 W Magee Rd (Magee and La Canada)

CENTRAL

February 7th- April 10th, Tuesdays 7PM to 8:30PM

Location: **Catalina United Methodist Church**

2700 E. Speedway (Speedway and Country Club)

FOOTHILLS

March 7th-May 9th, Wednesdays 7PM to 8:30 PM

Location: **St. Phillip's in the Hills Episcopal Church**

4440 N. Campbell (Campbell and River)

DIVORCE RECOVERY II

This group addresses the "Neutral Zone" of the process. The focus is on the present and on you as an individual, saying goodbye to the past and getting ready to move on.

Next Group in October--Date TBA on Website

924 N. Alvernon Way (Speedway and 5th)

Cost: \$60 (Preregistration required)

Want to make a difference in the New Year?

Attend Group Leader Training September 1st-October 6th to facilitate others in their transition journey.

Call 495-0704 or download an application at

www.divorcerecovery.net.

FINANCIAL LIFE AFTER LOSS

Managing finances after a divorce can be overwhelming. Learn about personal finances such as budgeting, saving, credit reports and mortgages, investing, insurance programs and more.

Offered by Janet Baker, CERTIFIED FINANCIAL PLANNER™

2nd Monday of each month 6:00 to 7:30 PM

*****A minimum of 3 people required for a class*****

Call **495-0704** for information and to register.

There is no fee for this program. Donations are encouraged

EDUCATION FOR LIFE WORKSHOPS

Upcoming events are listed on our website, and a sampling of the courses is listed below.

ALONE WITHOUT LONELINESS

We can embrace not being in a relationship and say "I'm alone", but this does not have to mean we are lonely. We can find much to gain in personal growth and empowerment in being "alone".

HONORING SINGLEHOOD

The single population is growing in leaps and bounds and yet our society and even single people struggle to truly accept singlehood.

THE ART OF BEING HUMAN

This class tackles the popular issues that a person can struggle with as a human being.

LIES WE TELL OURSELVES

This class will look at the things we tell ourselves in an attempt to convince ourselves of either true or false beliefs.

ALL CLASSES: 6:30pm to 8:30pm

10 N. Norton Ave suite # 140 (Tucson Blvd & Broadway)

****See website for upcoming classes****

Register at 495-0704 or email to info@divorcerecovery.net

DIVORCE RECOVERY DROP-IN SUPPORT GROUP

Every Tuesday 1pm to 2pm

First United Methodist Church (In Library) 915 E 4th St

Parking available in church parking lot (no permit required)

This is an OPEN support group for anyone in the process of ending a relationship. *Registration is not required.*

DIVORCE RECOVERY, INC.

924 N. Alvernon Way, Suite 131

Tucson, AZ 85711 **520-495-0704**

www.divorcerecovery.net E-mail: info@divorcerecovery.net

Divorce Recovery, Inc. is a 501c3 Non-Profit Corporation